



# ADULT TENNIS PROGRAM LEVELS

CLASS NAME	USTA LEVEL	WOMEN'S TENCAP DIVISION	MEN'S TENCAP DIVISION
ADULT 101	1.0 - 1.5	—	—
ADULT 201	2.0 - 2.5	PURPLE	BLACK
STROKE + STRATEGY	2.5 - 3.0	PURPLE   ORANGE	BLACK
DOUBLES CLINIC	3.0 - 3.5	ORANGE	BLACK   WHITE
ADULT ACADEMY	3.0 - 4.0	ORANGE   GREEN	BLACK   WHITE   RED
ADVANCED CLINIC	4.0 - 4.5+	WHITE   RED	RED   BLUE
41	3.0 - 4.0	ORANGE   WHITE   RED	BLACK   WHITE   RED   BLUE
INTRO TO CARDIO	2.0 - 3.0	PURPLE   ORANGE	BLACK
CARDIO TENNIS	3.0 - 4.0+	ORANGE   WHITE   RED	BLACK   WHITE   RED   BLUE