



You get out what you put in.
 Woodside Kitchen recipes
 adhere to our 6 Standards of
 Quality because we care about
 providing the best, purest
 ingredients possible for your
 body and mind.

BREAKFAST

Available all day

PEANUT BUTTER TOAST V Grains Galore toast, peanut butter, sliced banana, berry compote, flax seed, agave drizzle	5
BAGEL + LOX* Meshuggah's "Everything Bagel", house-cured salmon, dill cream cheese, pickled shallot, capers, micro-greens	9
WOODSIDE BREAKFAST* two eggs cooked to order, bacon, skillet potatoes, avocado toast, fresh seasonal fruit	9
FALL BRUNCH WRAP house-made sage turkey sausage, roasted peppers, caramelized onions, butternut squash, cheddar, spinach, farm eggs, served with black barley tabbouleh	11
STEAK + EGGS* flank steak, roasted root vegetable hash, toasted farro, sunny egg, charred onion chimichurri	11

SALADS

Add Chicken +4 Add Shrimp, Salmon or Steak +6

WOODSIDE GREEN GF V harvest greens mix, pear, yellow bell pepper, walnut, carrot, cherry tomato, golden raisins, house balsamic vinaigrette	9
WINTER GARDEN GF V kale, red cabbage, carrot, butternut squash, apple, dates, pecan, chia seed, fresh herbs, maple vinaigrette	9
KALE CHICKEN CAESAR* grilled Buttonwood Farms chicken, artisan romaine, kale, sliced egg, hemp seed, parmesan, herb croutons	11
KOREAN CHICKEN SALAD crispy chicken, cabbage, cilantro, tomato, cucumber, carrot, chili sauce, ginger-sesame vinaigrette	11

SOUPS

CUP/BOWL

TOMATO-COCONUT BISQUE GF V	4/6
BONE BROTH GF	6
TODAY'S SOUP	4/6

SIDES

HOUSE-MADE POTATO CHIPS GF V	2
TWICE-COOKED FRIES + KETCHUP GF V	3
ROOT VEGETABLE HASH GF V	4
BLACK BARLEY TABBOULEH V with tomato, onion, parsley, mint, cucumber, olive oil.....	4

HANDHELDS

Served with a choice of fries or house-made potato chips
 Add half Woodside Green or Kale Caesar salad +2
 Gluten-free bread available for select menu items +1

WOODSIDE BURGER* Anton's grass-fed beef, cheddar, pickles, lettuce, tomato, toasted Farm to Market brioche bun	12
<i>Impossible Burger® available</i>	
TURKEY CLUB Buttonwood Farms turkey, Burger's bacon, avocado, spinach, cheddar, herb garlic aioli, tomato, Grains Galore toast	11
CHICKEN SALAD Buttonwood Farms chicken breast, cashews, grapes, celery, red onion, served on lettuce cups, toasted Grains Galore or whole-wheat wrap	10
THAI FLATBREAD crispy chicken, peanut sauce, smoked mozzarella, green onion, cilantro, sweet chili sauce, served à la carte	9
VEGAN WRAP V roasted chickpeas with broccoli, onion and peppers, spinach, avocado, fire roasted salsa	10
CHICKEN TENDERS GF hand-breaded in rice flour, served with house-made honey mustard	10

BOWLS

HUMMUS VG cauliflower and red pepper hummus, tzatziki, fresh vegetables, grilled pita, Kashmiri chili	9
SPICED CHICKEN grilled chicken, quinoa, black beans, charred peppers, corn relish, pico de gallo, tortilla chips	11
TROUT GF grilled rainbow trout, roasted Brussels sprouts, pecan, root vegetable hash, Burger's bacon, local mushroom conserva, sweet potato & date puree	13
MEDITERRANEAN seared chicken, chickpeas, cauliflower, harissa sauce, cucumber, tomato, onion, fried pita, tzatziki	12
SHROOM + NOODLE GF V Grand River mushroom conserva, rice noodles, spinach, house-made kimchi, scallion, bean sprouts, miso broth	12
SALMON* Faroe Island salmon, black barley tabbouleh, avocado, cider vinaigrette	13

Most items can be made gluten-free, vegetarian, or vegan.
 Just ask!

GF
Gluten-Free

V
Vegan

VG
Vegetarian